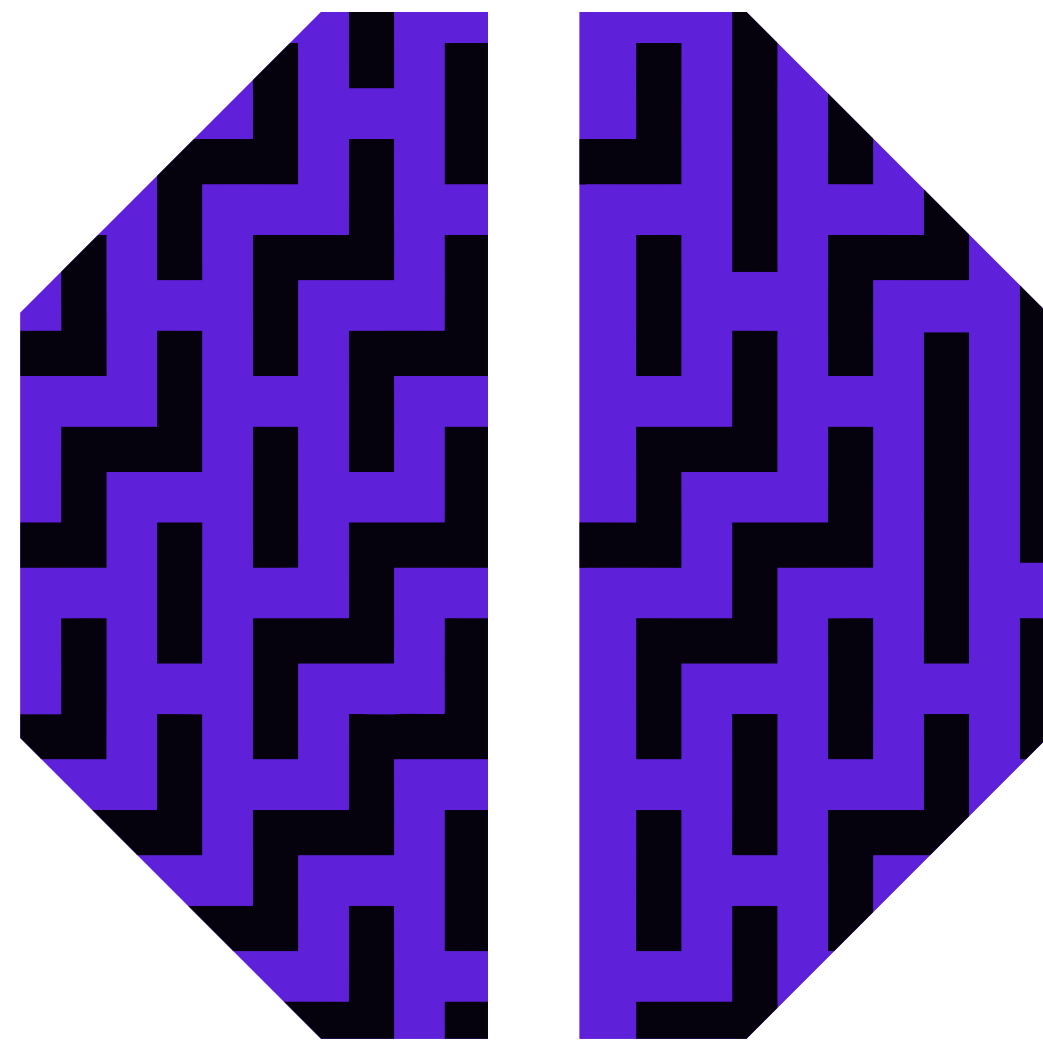
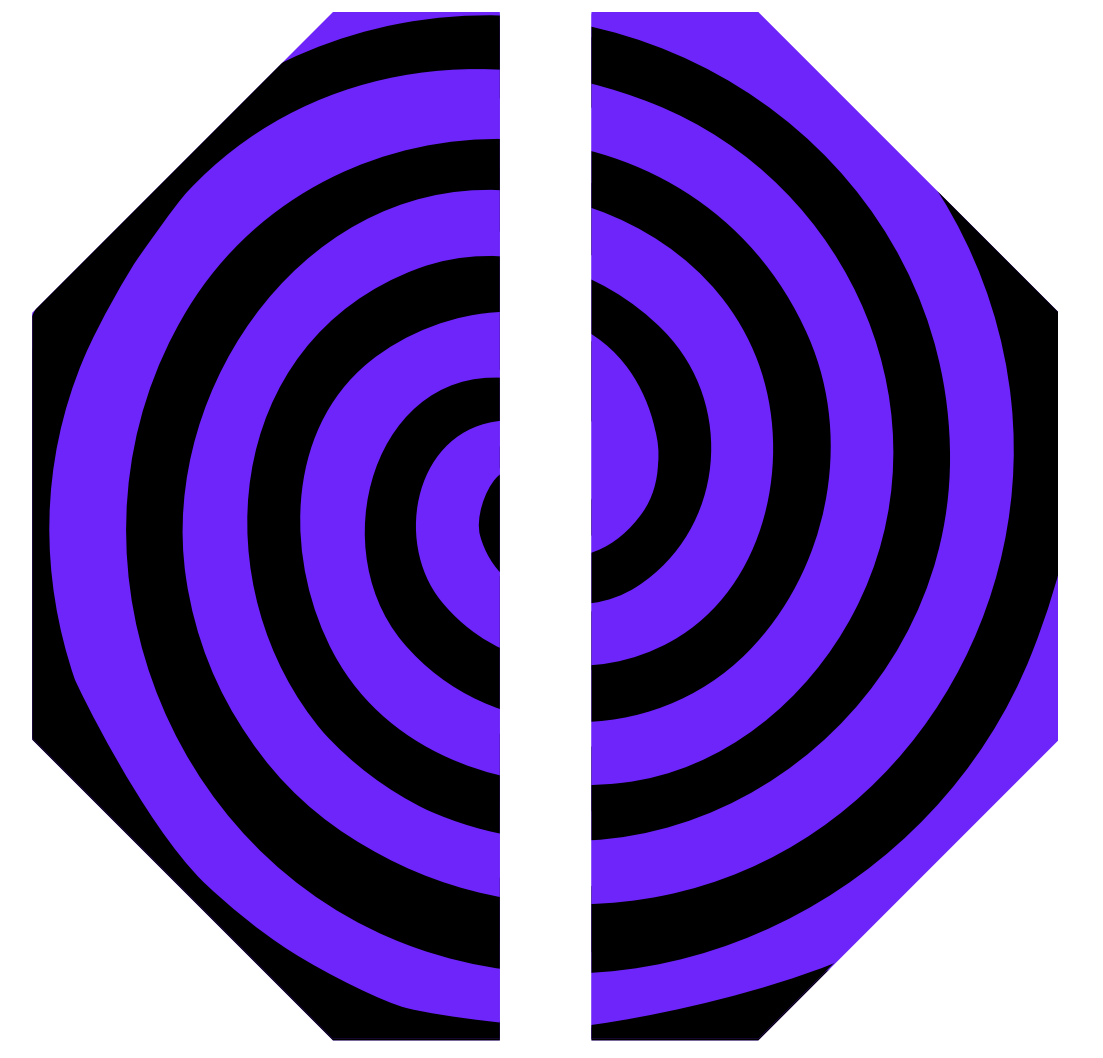


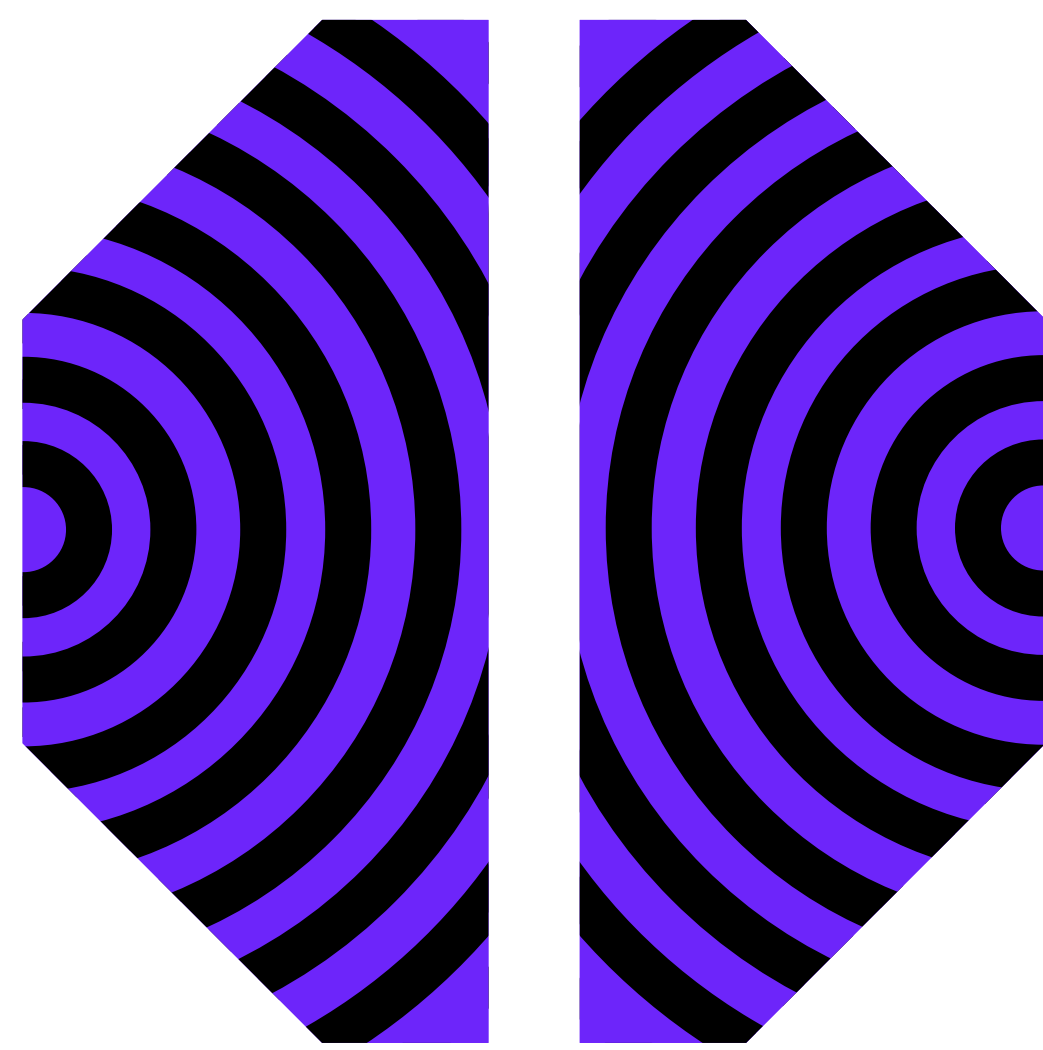
EARLY SIGNS OF CONCUSSION



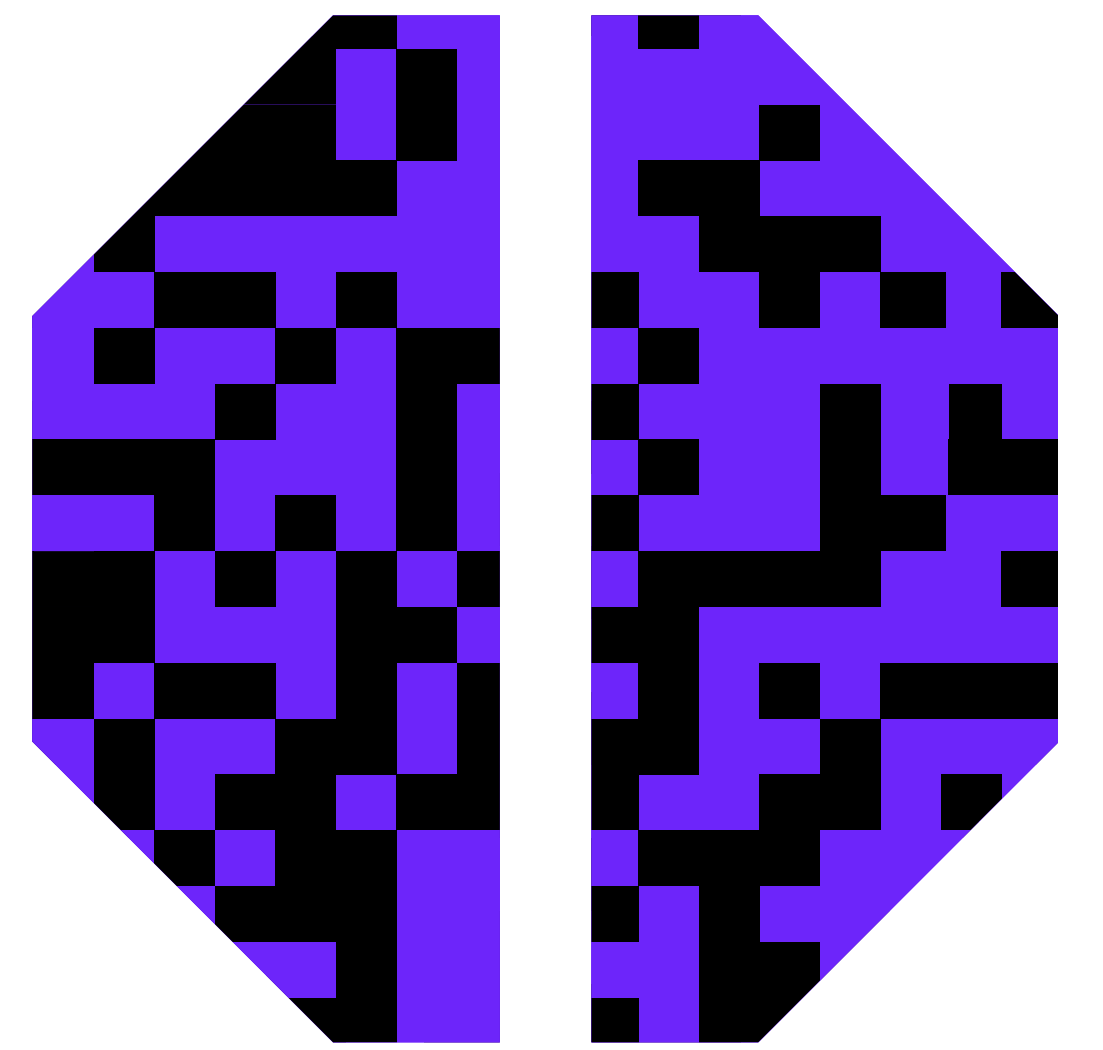
HEADACHE



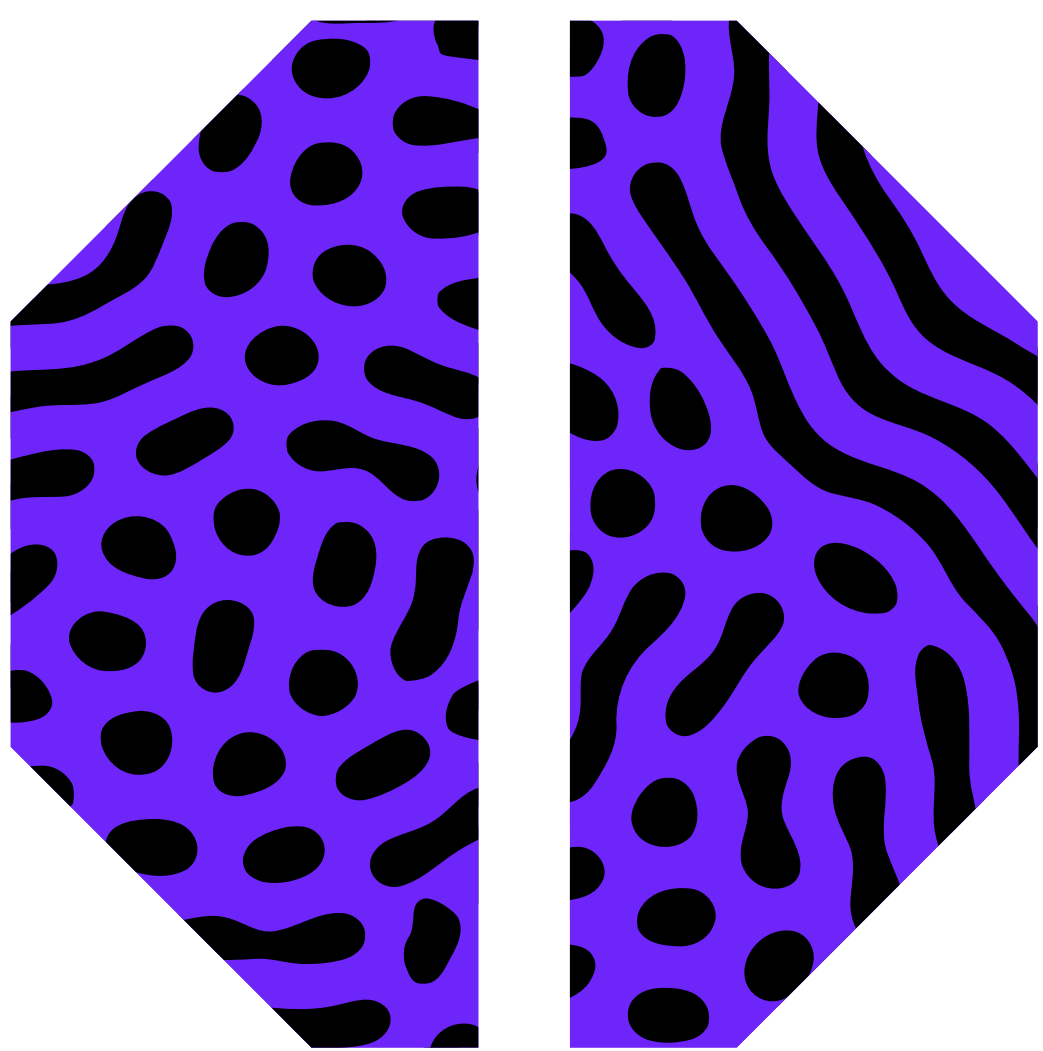
DIZZINESS



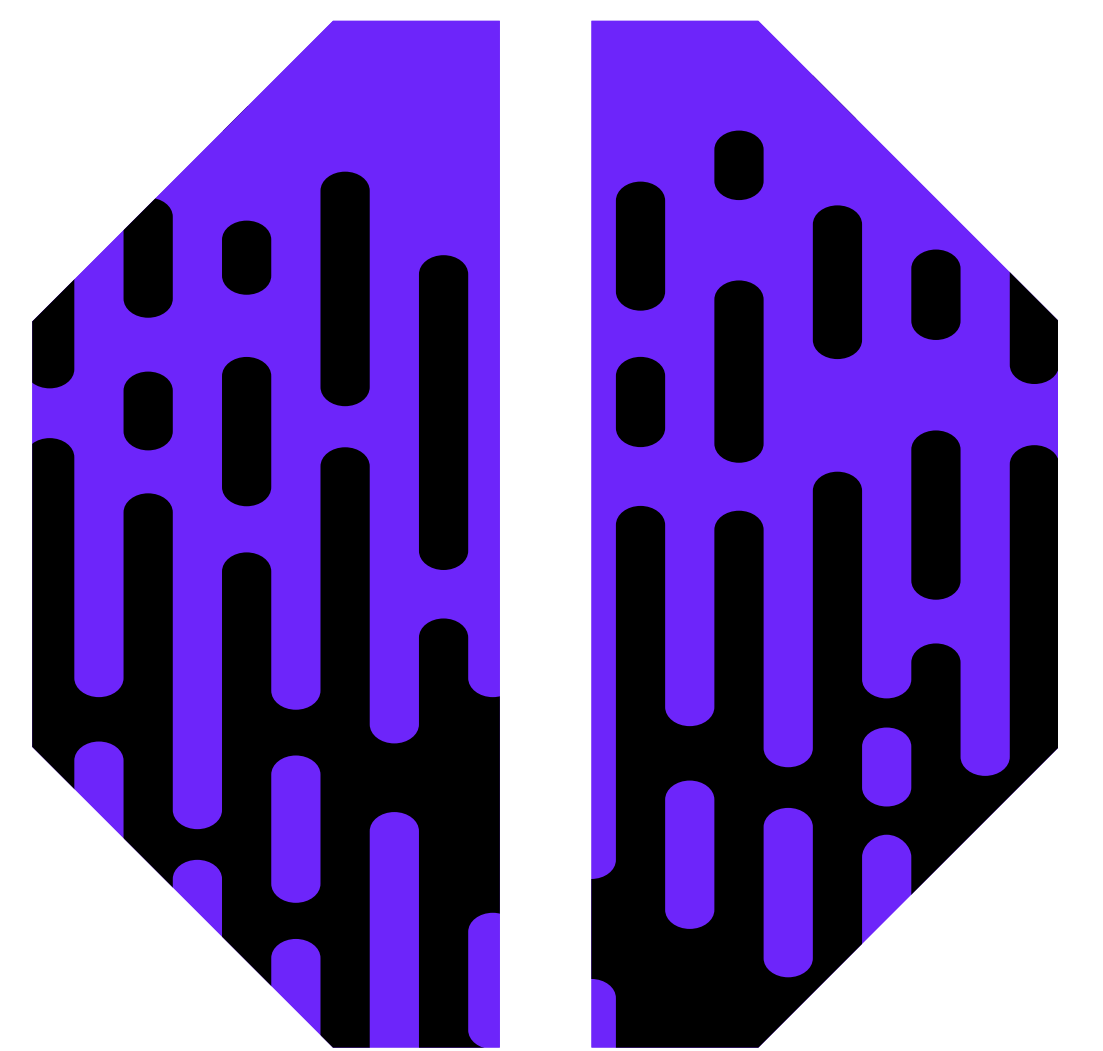
RINGING IN THE EARS



MEMORY LOSS



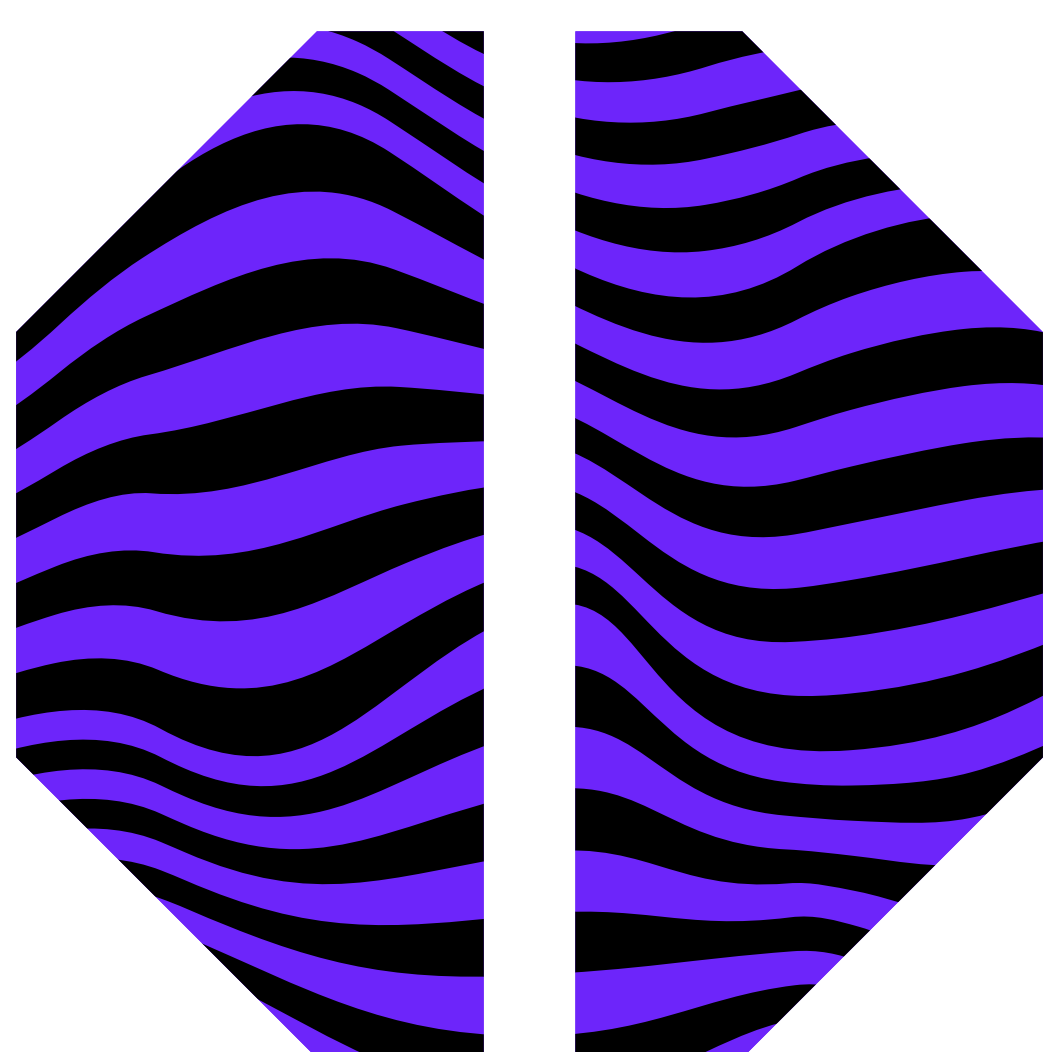
NAUSEA



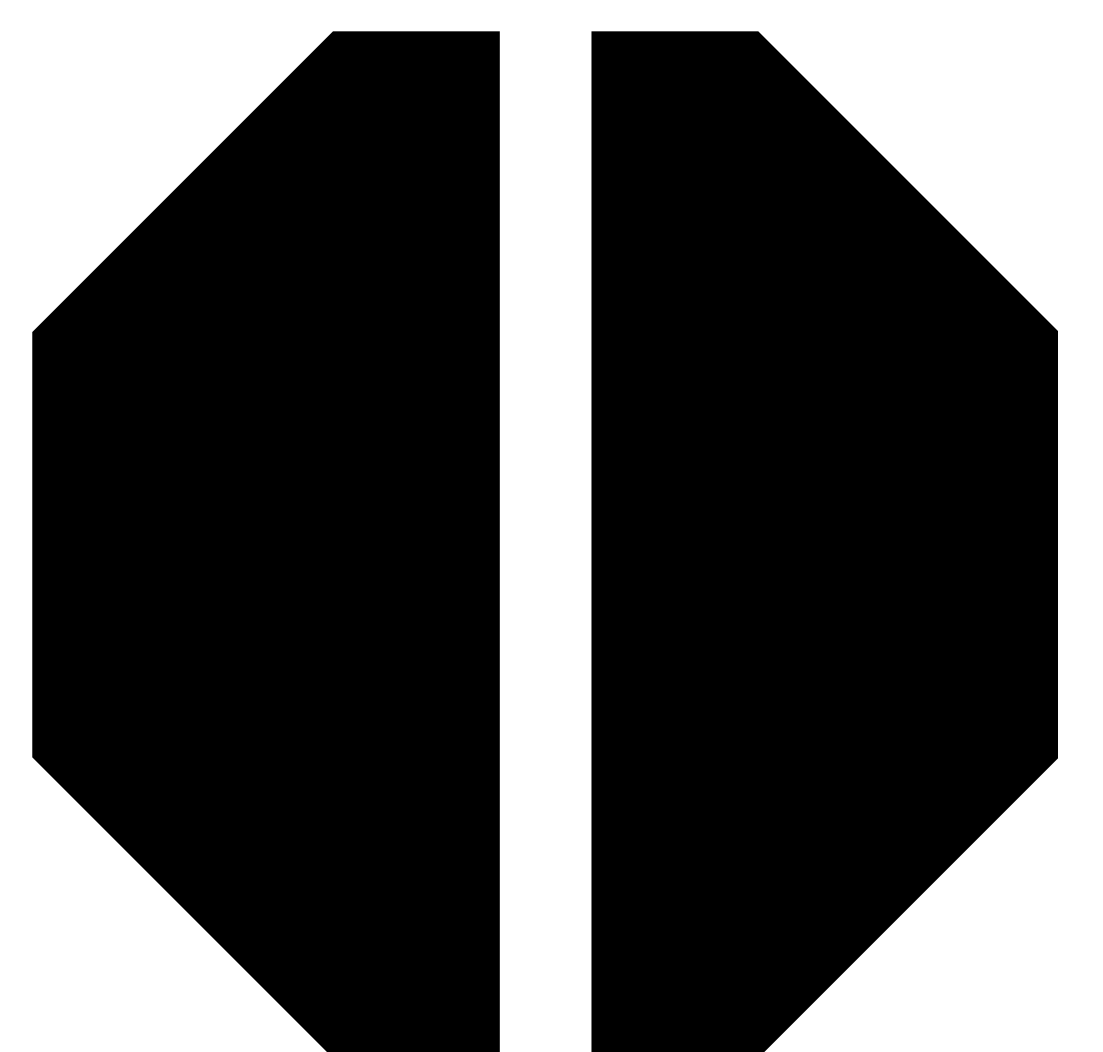
LIGHT SENSITIVITY

We all have a responsibility in recognizing a possible concussion following a hit to the head or body. If you're experiencing even one of these symptoms, stop playing, sit out and find help.

ontario.ca/concussions



DROWSINESS



DEPRESSION