# Concussion spotter tool

Learn about the criteria for establishing a concussion spotter and the required training for higher-risk sports.

### Overview

The concussion spotter tool was developed in response to recommendations made by the <u>Rowan's Law Advisory Committee</u>. The tool outlines criteria for establishing a concussion spotter and required training.

This information is for sport organizations in Ontario.

#### Disclaimer

The following document is not a substitute for legal advice. Sport organizations should seek independent legal advice to clarify obligations under *Rowan's Law (Concussion Safety)*, 2018.

### Concussion spotter

A "concussion spotter" is a person responsible for observing participants on a field of play and flagging situations to a "designated person" where an individual may have sustained an injury from a jarring impact to the head, face, neck, or elsewhere on the body that transmits an impulsive force to the head.

### Designated person(s)

The role of the designated person(s) is to remove an athlete from play if they are suspected to have sustained a concussion. "Designated Person(s)" is identified under Section 4 of Rowan's Law (Concussion Safety), 2018.

# Determining the need for a concussion spotter

It is recommended that sport organizations in higher-risk sports have a concussion spotter present at all games and practices, in addition to the designated person(s).

Higher-risk sports are those where there is a higher risk of concussion as a result of:

- A. person-to-equipment contact
- B. person-to-person contact
- C. high speed of action
- D. falls on snow/water/ice/ground

#### A and B include:

- collision sports where athletes purposely hit or collide with each other or inanimate objects, including the ground, with great force (for example, hockey, football, rugby, lacrosse)
- contact sports where athletes routinely make contact with each other or with inanimate objects (for example, soccer, basketball)
- limited-contact sports where contact with other athletes or inanimate objects is infrequent or inadvertent (for example, baseball, softball, squash, volleyball)

## Concussion spotter training

The concussion spotter is required to review the Ontario government's <u>concussion</u> <u>awareness resources</u> that include a <u>concussion awareness interactive e-module</u>.

The resources should be reviewed annually.

### Procedure for flagging possible concussions

Individual sport organizations should establish a procedure for the concussion spotter to flag possible concussions to the designated person(s).

## Case study: Rugby's blue card program

Rugby Canada and Rugby Ontario are using the <u>blue card</u> program at all levels of the game in Ontario.

A blue card is issued by a match official when a player is identified with a suspected concussion by a coach, player, match official or identified individual (such as a Concussion Spotter) and removed from the field of play.

#### This means:

- a player issued a blue card is required to leave the field of play immediately and cannot return to play in that match
- a player issued a blue card cannot return to play in any future match without receiving both medical clearance and clearance from Rugby Ontario in writing – as well as meeting the requirements of the World Rugby Return-to-Play Protocols